

Be Still . . .

An Unfoldment™ given by Dr. Kenneth G. Mills
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The past is nothing but a dream to the Now, and the value of any dream is in the waking up from it. So, in reviewing your past as it has been brought to your conscious attention, evaluate it in such a way that it blesses you now. In the blessing of the Nowness is the potential of the individual released, and a sense of poise, balance, and stability arises in the experience. In the growing awareness of right identification will be the fulfillment of the present incarnation.

The joy of Being who and what you are far transcends the concern and the challenge of trying to meet, through the personality channel, the commitments of the earth day. The man of God's creating walks in the Light of Day, which is the radiance of happiness and joy. There is no darkness or night in this concept of the Divine Day, which is where you live and move and have your Being.

Whenever anything contrary to this State of Beingness confronts you, ask for that suggestion's identification. If the suggestion does not belong to your inherited storehouse of Divine Life, Truth, and Love, and the glory of Being at-One with your Primal Cause, then admit it not, because it will only distress and upset you. The satanic influence that we have to contend with today is not like that of times long ago and far away, when it was supposed to have worn two horns and a pitchfork. The diabolical suggestion of today is very subtle because it appears not external to you but calls itself a condition of you, and when it can relate to you by your conscious acceptance of it, the erroneous suggestion rams and pierces you. Allowing yourself to be swung among the vacillating conditions of mind and ego creates all there is to the life force of this entity called the devil. God is a word meaning "good." Therefore, if Good is all there is and none besides, where is evil going to hide?

Now, if you live from the standpoint of knowing who you are and what you are, you will transcend the process of leading a double life, and you will find the One Life manifested. Thus, you no longer have life dammed. To live in the bosom of the Father and to acknowledge Him is your freedom from being cast about in the turbulent world picture, where you seem to live and move and have your Being. You are primarily a

spiritual-mental Consciousness and are only seemingly walking around with a body. The relationship that seems to exist between the spiritual-mental Consciousness and the body (they are really one) fulfills the need for those who think they need an objective sense or identity to satisfy and sustain their yearnings for the Higher Self. True, we see the body manifested, but it is really supported by the attributes of the God-Child which you really are.

Now the child on the human level is the means of maintaining the race, especially the race of family or the race of lineage. You may “suffer it to be so now,”¹ but the Child of God's creating is a little bit different. He is not a child of a day or a year; He is of eternity. The Child of God's creating is the Child of Being. Thus, when you dwell in this state, you are bearing your child in a sense of humility to the feet of the Fatherhood and Motherhood.

The problems that confront people today are of their own making. Most people love to create problems. They apparently cannot stand prosperity, peace, and tranquility. Whenever they have the time for leisure, they don't seem to know what to do with it! They go on creating and thinking a fictional world and then call it a factual one. For instance, the paper world of commerce and finance can be not only blown away and burned away, but it can also be washed away, and even more simply than that, it can be thought away. So, you arrive at what is left after the dollar sign (false sense of substance) has had its day. And you will find that the peaceful mind can come to grips with its own inherent value or substance, because in the Substance of peace, man has the opportunity of coming to the recognition of his Divinity within. It is stated in one of the great inspirational books, the Bible, “My peace I give unto you; not as the world giveth, give I unto you.”² And the nation that cannot stand the peaceful existence pursues other levels of existence that can satisfy, within its own framework of reference, a logic of good and evil.

Individuals who cannot stand a sense of peace or stillness manufacture a sense of busy-ness and consequently never have time to light on the Tree of Life. The sense of turmoil or distress within a person is like a magnet; it draws distressful conditions to him. In the Age in which we seem to live there is a new potential open to people like you, because of the Force that launched the earth into its orbit and said, “Peace, be still.” Know that I AM; I AM Mind, and as Mind, all that “I” have is thine. Claim your heritage, claim your legacy, and be still. In this stillness may you enjoy the rhythmic harmony of Being at-One with the Music of the Spheres. The Universe of Mind and of God-Man is a harmonious one in which are played, in a harmonically balanced and rhythmic way, the various themes and tunes that are easily identifiable. These “tunes,” or resounding, ageless Truths, will never lose their identity in the creation of man, his church, or the universe. In this understanding of creation as it IS and not as it seems to be lies your freedom, your health, and your wealth. It's the same old story of Truth in all its glory. You and only you will write the final cadence.

¹ Believe this to be the case for the time being.

² John 14:27.